

Directions to Two Rivers Child Advocacy Center where your child will receive his/her medical exam.

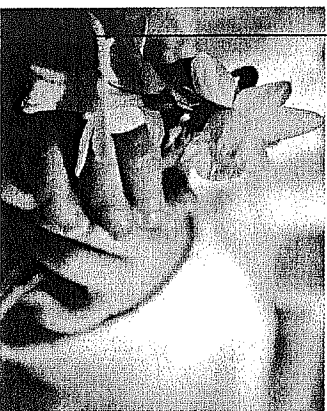
From Carbondale:

- Take Route 51 south to Anna
- Take a left onto 146 (Vienna Street)
- Take a left onto Lick Creek Road (just before Subway)
- Travel approximately .2 of a mile
- Take a right onto the gravel road just after the GREEN Department of Children and Family Services Sign and before WELLS' DENTAL CLINIC (a dark brown brick building)
- Two Rivers Child Advocacy Center is the second building on the right

From Route 57:

- Take Anna exit (#30) west into Anna (Route 146)
- Take a right onto Lick Creek Road (just past Subway)
- Travel approximately .2 of a mile
- Take a right onto the gravel road just after the GREEN Department of Children and Family Services Sign and before WELLS' DENTAL CLINIC (a dark brown brick building)
- Two Rivers Child Advocacy Center is the second building on the right

Information about the examination that has been scheduled for your child.



Dr. Swafford is a Board Certified pediatrician who began practice in 1987. She trained at the Health Science Center of the University of Texas at Houston before coming to Southern Illinois. She has performed abuse exams throughout her career, including providing court testimony. Dr. Swafford became the Medical Director for Children's Medical Resource Network in 2009.

Ginger Meyer, MSW, LCSW is a medical social worker with the Children's Medical Resource Network. She has a Master's Degree in Social Work and is a Licensed Clinical Social Worker. Ginger has over 9 years of experience working with children.

Kids' Korner
109 Denny Industrial Drive
Anna, IL 62906

Children's Medical Resource Network
Phone: 618-833-6488

*Serving the children of
Illinois*

Your child has been scheduled for a complete physical exam.

Welcome to Children's Medical Resource Network in Anna, IL. Your child has been scheduled for an appointment with Dr. Kathy Swafford at Kids' Corner located inside the Two Rivers Child Advocacy Center.

Please enter through the right front door.

What to bring:

- Child's personal information
- Insurance information
- Personal information about the child's guardian and information about who to contact in case of an emergency
- Make sure that the person with the authority to sign consent for treatment papers comes with the child. If they cannot come to the appointment, we can send those papers ahead of the visit to be signed by the appropriate guardian.
- Records of immunizations, past and current medical history for your child and any information regarding the report.
- A responsible adult to sit in the waiting room with your child while you talk to the social worker

Ginger Meyer, a medical social worker will talk to you, your child and any representatives of the social service agency you are involved with.

She will talk to people individually in a private place. She will explain the process and gather the pertinent medical information.

This part of the examination can take varying lengths of time. Please be patient with us if we run late.

She will show your child the exam room, explain what will be taking place during the exam and familiarize the child with any equipment used during the exam.

She can answer any questions you or your child might have. She is usually present in the room during the examination for social and emotional support.

Our medical assistant, Mickey Wright will take your child's vital signs, height and weight. We will ask your child to get undressed just before the physical examination. The medical assistant will also be present during the exam to read to your child and distract them from the genital examination.

Dr. Swafford will talk with the social worker with regard to the specific aspects of your child's history. She will perform a head to toe examination of the child. She will examine your child's genitals and will shine a light from a magnifying instrument called a medscope on that area of your child's body. This instrument does not touch the child and **does not** hurt in any way. Too often parents believe that this examination will be just like the yearly pelvic and pap smear exams adult women experience, but that is not the case. A child

that has not yet entered puberty will not undergo anything that even remotely resembles that type of examination.

Occasionally, we need to obtain cultures from the child's genital area. This involves lightly touching the area with a moistened Q-tip swab. It can be cold and irritating but should not be painful. We will often obtain a urine sample from your child and might draw blood for lab tests.

Your child will never be forced to be examined. We try very hard to make this experience as pleasant as possible. The examinations are usually performed without any adverse reaction on the part of the child. With a few exceptions, it is no different than their school physical exam. If your child refuses to submit to the exam, we will reschedule them for another day.

Dr. Swafford will send a comprehensive report to the agency requesting the examination within 2-3 weeks. If you have any questions for the doctor or any member of the team, please feel free to ask at any time.

Our waiting room is small. We ask that you bring only the child being seen that day to the clinic so that we are not overcrowded and chaotic.

Kids' Corner
109 Denny Industrial Drive